

MODALITY CATEGORIES

The Ontario College of Reflexology Insurance Program: Categories of activities that can be covered.

Please note: The base premium includes coverage for up to 5 modalities (any 5) in total. Additional modalities in excess of 5 to be added to your policy are chargeable. An annual charge of \$40.00 per additional modality will apply.

Access Bars™	Bio Cell Therapy	Electro Therapy
Access Consciousness	Bio Energetics	EMF Balancing Technique
Access Healing Body Work	Bio Feedback	Emotional Freedom Technique
Acupressure	Body Mind Balancing	Energetic Healing
Acupressure Therapy	Body Talk System	Energy Therapy
Akashic Records	Body Work	Energy Work / Balancing
Alexander Technique	Bowen Technique	Ergonomic Therapy
Algotherapy	Brain Gym™	Facial Massage
Anat Baniel Method™	Brandon Raynor Massage	Feldenkrais Method
Antigynastique™	Breathwork	Feng Shui
Aqua Chi	Breema	Grasten Technique™
Aqua Fitness Instruction	Brine Baths	Guided Imagery
Aquamassage / Hydrotherapy	Certified First Aid	Health Coaching
Aquatic Exercise Therapy	Chakra Balancing	Health Centered Therapy
Aromatherapy	Chi Ni Tsang	Heart Wisdom Connection™
Art Therapy	Coaching	Hellerwork
Ashton Patterning	Color Therapy	Herbalism
Ask and Receive	Craniosacral Therapy	Holistic Counseling
Aura Soma Color Healing	Crystal Healing	Horticultural Therapy
Axiatonal Alignment	Cupping Therapy (Air/Suction cup only – no fire/bleeding)	Hot Stone Massage
Bach Flower Remedy	Dance Movement Therapy	Indian Head Massage
Balneotherapy	Deep Muscle Therapy	Indonesian Massage
Bamboo Fusion Massage	Deep Oscillation Therapy	Integrated Energy Therapy (IET)
BEST	Ear Coning/Candling*	Intervention (RDI)™
Behavioral Analysis	Eden Energy	Intolerance Elimination
Bi-Aura Therapy		

*= 25% surcharge

Ion Foot
 Bath/Massage/Cleanse/Soak
 Ion Therapy including Ion foot
 Massage
 Iridology
 Jin Shin Life Work Coaching
 Journey Practitioner™
 Kinesiology
 Lomi-Lomi
 Magnetic Therapy (PEMF)
 Manual Lymph Drainage

**Martial Arts Instructor Fitness (No
contact)***

Massage Therapy
 Meditation
 Meridian Stress Assessment
 Muscle Activation Techniques
 Music-Thanatology
 Myofascial Release Technique
 Natural Face Lift Technique
 Nerve Stimulation (TENS/IFC)
 Neuro Linguistic Therapy
 Neuro Muscular Therapy
 Neurofeedback
 NeuroOptimal™/ Zengar
 Nutrition Therapy
 Peat Therapy
 Pediatric Sleep Consultant

Personal Fitness Instructor*

Physiotherapist Aide*

Pilates / PiYo Instructor*

Plexus Bio
 Polarity Therapy
 Pranic Healing
 Pregnancy Massage
 Qi Gong
 Quantum Touch
 Raindrop Therapy
 Raviv Method
 Recreational Therapist
Reflexology Therapy
 Registered Holistic Nutrition
 Consultant
 Reiki / Master Sotai
 Rejuvenating Face Massage
 Relationship Development
 Intervention (RDI)™
 Relaxation Massage
 Relaxation Therapy Roling
 Relaxation/Chair Massage
 Rosen Method
 Rubenfeld Synergy

Seniors Fitness Instructor*

Shamanic Healing
 Shiatsu
 Somato Emotion Release
 Sound Therapy / Healing
 Spiritual Counselor
 Spiritual Therapy/Direction

Structural Integration
 Swedish Massage
Tai Chi / Tai Chi Instructor*
 Thai Massage
 Thalassotherapy
 Thanadoula/Contemplative
 The Radiance Technique
 Therapeutic Touch
 Total Body Modification
 Touch for Health
 Trager Approach
 Trigenics
 Yamana Body Rolling
 Yoga (not Hot Yoga)
Yoga Assistant/Instructor*
 Zero Balancing

***= 25% surcharge**

Modalities NOT Covered

Allergy Testing
Colonics
Dietician / Dietitian
Eye Lash Extensions
Eyelash & Lip Tinting
Facials with Esthetic Grade Peels
Hairstyling
Homeopathy
Hot Yoga
Hypnosis
Hypnotherapy
Infant Massage
Manicures
Micro-needling
Occupational Therapy
Past Life Therapy
Pedicures
PSW - Personal Support Worker
Psychotherapist
Registered Massage Therapy
Registered Nurse
Speech Language Pathologist
Social Worker
Teeth Whitening
TCM – Traditional Chinese
Medicine

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**Or Any Regulated Health
Professional**

***= 25% surcharge**